Platinum performers
We have recently introduced a new level of awards to recognise the fantastic work of students who go beyond achieving the Principal’s Medal. Students who receive a platinum award are consistently active in their approach to learning, are enthusiastic in the classroom and are fantastic role models for other students. Congratulations to Maddison J, our first platinum award recipient for 2013 – we are very fortunate to have you as a student at our school.

Principal’s Medal
Congratulations to Diya P who has worked extremely hard over the past five years to earn the Principal’s Gold Medal. Diya has been at our school since Day 1 and thoroughly deserves this recognition for her excellence in behaviour and application to learning. Well done Diya!

Go for gold
Congratulations to Yeran who was presented with a Gold Award at our Excellence Assembly. Students like Yeran help to make our school such a wonderful place to learn. Congratulations Yeran!

Silver sensations
We are very proud of Jadon W, Jesse B and Joshua S who were recently presented with our prestigious Silver Award. It is a great pleasure to have students like this in our school. Fantastic effort boys!

Bronze super stars
The following students were awarded a bronze certificate at recent Excellence Assemblies in recognition of their exemplary behaviour and commitment to learning within the classroom – Prajatka, Aarush, Shafa, Aisha, Katie B, Summer, Neha, Elina, Tatiana, Rani, Nima, Wyatt, Zoe G, Mahdi, Sehajbir, Alice U and Claudia.

Staff news
Sadly, we said goodbye to Mrs Kuntze on Monday of this week, following her shock announcement last week of her decision to retire.

Mrs Kuntze has dedicated more than thirty years of her life to the Department of Education and Communities and has impacted on the lives of many thousands of students during that time. In everything she did, Mrs Kuntze always had the students at the forefront of her thinking and she will be greatly missed. We have been very privileged to have had a teacher with such experience and knowledge at our school for the past three years.

Mrs Kuntze’s decision to retire came about suddenly due to increasing family commitments. Mrs Kuntze will still be around the school frequently, as she takes over the teaching of 1E on Mondays from Mrs Vahanvaty from the beginning of Term 2. 4/5K will be taught by Mr Townsend, one of our new permanent teachers, for the remainder of the year.

Mrs Sonni has decided to return to work full time, following a stint doing part time work in Term 1. Mrs Sonni will take over 2G from Mrs Gross from the beginning of Term 2. Thank you for the great work you have done with 2G Mrs Gross.

Penrith Panthers visit
On Monday 25th February 2013, Sam Anderson, Nigel Plum and Travis Robinson from the Penrith Panthers Rugby League Club, visited the primary students from JPPS and had a discussion about bullying. The players told the students all about playing football as well as their own life experiences and how they had been affected by bullying. The students watched a video about the importance of facing bullying and had an opportunity to ask the players questions. They then shared positive thoughts they had about students and teachers at John Palmer Public School. It was a very valuable experience for all. Written by Zakky

Student Representative Council (SRC)
Our SRC representatives for 2013 are being inducted at our Excellence Assemblies this week and next week. The SRC is an important student body within our school. Members are elected by their peers and take on important leadership roles within the school. Congratulations to this year’s SRC reps – we know they will wear their badges with pride and serve their fellow students well.

K-2 representatives (inducted Friday 15 March)

| 1B | Reeham | Mia L |
| 1E | Cody M | Halle |
| 1L | Jordan H | Katie B |
| 1P | Jacob C | Katelyn A |
| 1S | Jasper | Keira S |
| 2B | Muktaba | Thalia |
| 2C | Srikristna | Chloe V |
| 2D | Jordan A | Vinanshi |
| 2G | Jack T | Amelie |
| 2M | Jackson B | Naomi |
Year 3-6 representatives (to be inducted Friday 21 March)

3C Mitchell B Annabelle T
3N Benjamin W Nikhita
3V Ryan C Lexi
3/4B Michael A Milana
4M Arnav Violeta
4/5K Daniel F Emily B P
5/6B John C Eseosa
5/6R Aaron K Matilda
5/6W Aniket Anushka

Sport news
The last week has been a big week in sport at JPPS.

Four of our boys, Aniket, Eshan, Ritvik and Sachveer tried out for The Ridges PSSA cricket team. After a tiring day, trialling with many other students, Aniket and Sachveer were successful in gaining entry to the team. Well done boys and good luck for the Sydney West trials coming up.

We are also very proud of Courtney and Lani who tried out for The Ridges softball team in their very first year of PSSA competition. Courtney trialled for the position of pitcher and was just pipped at the post, while Lani was successful in gaining entry to the team as catcher. Great work girls!

Our best wishes go with Elijah S and Emily B P as they compete at the Sydney West swimming carnival next week. Both of these students had a highly successful day at The Ridges swimming carnival last week and we know that they will put 100+% effort into their swims this week.

Sport captain badges were presented today to:
Ellie House Captains
Jason H and Manjaj
Freeman House Captains
Joshua D-B and Shaya
Ponning House Captains
Joybir and Britnee
Thorpe House Captains
Jack B and Lilly V

After school routines
We are endeavouring to get our large number of students to designated pick up points within the school at 3pm. Our efforts are being hampered by adults who are blocking the walkways which is creating a gridlock where no one can get through. Please do not wait under any of the covered walkways near classrooms or at the very busy intersection at the top of block E.

School crossing supervisor
We have recently made another application to the Roads and Maritime Services for a crossing supervisor for the pedestrian crossing on The Ponds Boulevard.

Our school will be assessed over the coming weeks (dates will not be provided). The criteria forming the assessment, is the number of vehicular movements across the crossing, and the number of UNACCOMPANIED students using the crossing within a given timeframe. Parents of older students are encouraged to allow their children to begin crossing the road independently if they feel that their child has adequate road safety awareness.

Remember to install our app
Our school now has a FREE mobile phone app! Our iPad/tablet app is coming soon!

How to install our app:
On Apple:
- On your iPhone, open the app store
- Search for John Palmer Public School
- Press install
- Enter your iTunes password
- It will commence downloading immediately

On Android:
- On your smart phone open the Android/Google Play market
- Search for John Palmer Public School
- Press install
- Your app will start installing instantly

To open our app:
- Look for our school’s app icon on your phone screen
- Press the icon once – it will open automatically
- When prompted, select yes to receive notifications and use your location. This will make sure Google Maps and pop-up alerts work for you.

Having trouble?
- Shut down the app and/or your phone to refresh the phone’s memory
- Uninstall the app and reinstall it

Extremely Important Notice
We currently have a number of students enrolled at our school who suffer from anaphylaxis. Anaphylaxis is a life threatening allergic reaction to certain foods. In all cases, the trigger food is peanuts/nuts.

We are therefore requesting that students assist us in keeping all students safe by not bringing foods to school which contain peanuts/nuts as one of the listed ingredients eg. peanut butter, nutella.

Many products contain a warning that they may contain traces of peanut or nuts and these are fine to bring to school.

Anaphylaxis
The Department of Education and Communities has recently announced that all government schools will receive a general use adrenaline autoinjector (an EpiPen) for their first aid kit.

This does not replace the need for parents to continue to provide the school with an adrenaline autoinjector and ASCIA Action Plan for Anaphylaxis signed and dated by their doctor when their child has been diagnosed with anaphylaxis.

Instead the general use adrenaline autoinjector is intended to be used if:
- An undiagnosed student has an anaphylactic reaction at school
- There is a misfire of the adrenaline autoinjector that has been prescribed for a student
- A student requires further adrenaline autoinjector to be administered after his or her own adrenaline autoinjector has been administered.

Please contact the school if you would like further information in relation to this matter.

All of our staff members have recently undergone e-training in anaphylaxis and also face to face training with an anaphylaxis nurse educator to ensure we are up to date with current practice.
Birthday cakes
Some families like to send cake or a special treat on or near their child’s birthday to share with the class. It is important that if you would like to do this, that the cake or treat is already in individual portions (eg donuts or cupcakes) or a large cake that is already pre-sliced. Please also send a class set of serviettes or a roll of paper towels to assist with serving.

Due to the large number of students we now have in our school with food allergies, cakes and treats will not be shared unless a list of ingredients has been provided. Many of the prepackaged cakes from major supermarkets contain a list of ingredients and the bakery section is happy to provide you with a list if it is not already on the product.

In order to avoid disappointing your child, please ensure that the ingredient list is provided.

Phoning the office
Our school office is extraordinarily busy between 8.30 and 9.30am and 2.30 and 3.30pm. If you need to phone the office it would be greatly appreciated if you could do so outside of these peak times unless it is an emergency.

You might like to try our new app for notifying of a child’s absence or making an appointment with a teacher rather than ringing us or waiting in the long office queue.

Dogs at school
Dogs and other animals are not permitted on the school grounds at any time without prior written approval from the Principal.

Parents who walk their dog to school need to be mindful that many children, particularly the younger ones, are terrified of dogs. Please keep well away from the gates and busy areas if you have your dog with you.

Copies
School personnel invest a significant amount of time in printing and providing receipts for payments, student reports, NAPLAN reports and the like in hard copy format.

It is important that families value these documents and keep them in a secure place for future reference such as tax time and moving on to high school. Additional copies of these items will incur a $2 printing and administration fee per page so please keep the originals safe.

Update bulletin
Our ‘Update’ bulletin will be available on our website at www.johnpalmer-p.schools.nsw.edu.au on the following Fridays in Term 1. Remember that you can also access the newsletter easily through our app.

28 March
12 April

Excellence assemblies
Our Excellence Assemblies are held on Fridays in the hall, commencing at 11.30am. Parents and carers of the class presenting the assembly are welcome to join us.

Excellence Assemblies give us an opportunity to publicly recognise students within our school who are achieving great things in learning, sport, the arts and citizenship.

Younger siblings are welcome at the assembly but must be under direct parent supervision (in pram, on a lap, or the seat next to you) at all times. Please do not allow your child to play outdoors while the assembly is on. As a courtesy to the class presenting the assembly, we ask that the audience is quiet. These simple requests should ensure that our Excellence Assemblies are excellent!

K-2 Excellence Assemblies for Term 1:
8 March 1P
22 March 2D
5 April KB

Year 3-6 Excellence Assemblies for Term 1:
15 March 3V

The assembly due to be hosted by 4/5K on 28 March has been postponed

Meal deals
Special meal deals are available each fortnight from the canteen. You can easily find what the next meal deal will be by clicking on the drop down menu from the homepage on our website. Go to Home ➔ More News ➔ Canteen (on left hand side of page) ➔ Meal Deal

- Canteen opens at 8.30am.
- All orders are to be made online at www.flexischools.com.au or handed to the canteen staff or put in the order baskets on the counter. The online order cut off time has been extended to 9.00am. For your convenience, there is now a link to the flexischools site from our app.
- All orders made at the canteen should be written on a brown lunch bag. If orders come in envelopes, please ensure they are well sealed at the sides.
- Orders need to have your child’s name, class and whether it is a recess or lunch order.
- Recess orders are collected from the canteen.
- Lunch orders are sent to the individual classes in lunch baskets.
- Any ice blocks ordered with lunch are given to students when they return their brown lunch bag to the canteen.
- If you are ordering Halal products, please write ‘Halal’ on the bag as these are different items.

If you have any questions regarding the canteen, please feel free to come and speak to Bronwyn.

Important school information
Please add the following information to your diary or address book and remember to program the school’s number into your mobile phone. If you have downloaded our app, there is a direct call link on the home page.

John Palmer Public School
85 The Ponds Boulevard
The Ponds NSW 2769

Phone: 8882 9480
Fax: 8882 9479
Email: johnpalmer-p.school@det.nsw.edu.au
Parent courses through Interrelate
Book now for courses in Terms 1 and 2 at the Bella Vista and Rouse Hill locations.
Please call 8882 7850 for more information or to book a place.
Email: norwest@interrelate.org.au
Web: www.interrelate.org.au

BUILDING CONNECTIONS
$25 per person
26 March 6-9pm
A 3 hour seminar that will help separated parents have healthy and strong relationships with their children. Seminar topics include:
- Impact of separation and conflict on children
- Ways of communicating with the other parent
- Setting goals for future parenting
- Support services available to you

THE CHALLENGE OF DISCIPLINING YOUR CHILD
$25 per person
6 May 6-9pm
A 3 hour seminar that will assist parents of children aged 2-12 years old to:
- Understand what positive discipline means and how to set clear boundaries that children respect and learn to appreciate
- Use conflict as a tool to improve relationships
- Use tips and hints on different discipline techniques

BEING A MUM
$75 per person
28 May, 4 & 11 June 6-9pm
A 3 session program that will assist mothers to:
- Understand themselves as a mum
- Really connect with their children
- Understand children at different ages
- Learn positive ways to discipline children and communicate more effectively

IDEAS FOR PARENTING TEENS
$25 per person
9 April 6-9pm
A 3 hour seminar that will assist parents to:
- help parents understand what is normal adolescent behaviour
- reduce the anxiety inherent in raising teenage children
- develop skills to communicate and negotiate with teenagers

MAKING STEP FAMILIES WORK (FOR COUPLES)
$150 per couple
13, 20, 27 May, 3, 17 & 24 June
A 6 session program that will assist couples in the process of forming a step family or those already living in a step family to:
- encourage an awareness of the need to forge new ways of being a step family
- develop strategies for coping with difficult step family dynamics and relationships
- accept each individual’s current and prior situation no matter how complex or difficult these are

POSITIVE PARENTING
$25 per person
12 March 6-9pm
A 3 hour seminar that will assist parents of children aged 3-8 years old to:
- know and acknowledge each child as an individual
- understand the power of focusing on what children are doing well
- deal with what children do that is not working for themselves and others

Term 1 calendar

<table>
<thead>
<tr>
<th>Week</th>
<th>Event/Activity</th>
</tr>
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<tbody>
<tr>
<td>Week 8</td>
<td></td>
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<tr>
<td>19 March</td>
<td>Sydney West swimming carnival at Homebush (good luck Emily B P and Elijah S!)</td>
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<tr>
<td>22 March</td>
<td>Excellence Assembly hosted by 2D at 11.30am</td>
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<tr>
<td>Week 9</td>
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<tr>
<td>25 March</td>
<td>Student leaders at leadership conference</td>
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<tr>
<td>26 March</td>
<td>Life Education – KJ, 3C, KT</td>
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<tr>
<td>27 March</td>
<td>Life Education – 1P, 3V, 1E</td>
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<tr>
<td>28 March</td>
<td>Excellence Assembly hosted by 4/5K has been postponed Life Education – 1L, 3N Combined Christian Easter Service at 2pm. Parents welcome. 3pm P&amp;C bake stall</td>
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<tr>
<td>29 March</td>
<td>Good Friday</td>
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<td>Week 10</td>
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<tr>
<td>1 April</td>
<td>Easter Public Holiday</td>
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<td>2 April</td>
<td>NSW PSSA Swimming Carnival – selected competitors only Life Education – KD, 4M, 2B</td>
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<tr>
<td>3 April</td>
<td>NSW PSSA Swimming Carnival – selected competitors only Life Education – 5/6B, 4/5K, 2C 6.30-7.00pm OOSH review – parents of students attending OOSH are welcome – held in the hall 7.00-9.00pm P&amp;C meeting in staffroom – all welcome</td>
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<tr>
<td>4 April</td>
<td>Life Education – 2M, 5/6R</td>
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<tr>
<td>5 April</td>
<td>Last day of summer PSSA Life Education – 2G, 5/6W, 2D Excellence Assembly hosted by KB at 11.30am</td>
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</tbody>
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Term dates for 2013

Term 1
Friday 29 March | Good Friday (public holiday)
Monday 1 April | Easter Monday (public holiday)
Friday 12 April | Last day of Term 1 for all students
Term 2
Monday 29 April          School Development Day (pupil free)
Tuesday 30 April         School Development Day (pupil free)
Wednesday 1 May          K-6 students return
Monday 10 June           Queen’s Birthday Public Holiday
Friday 28 June           Last day of Term 2 for all students

Term 3
Monday 15 July           School Development Day (pupil free)
Tuesday 16 July          K-6 students return
Friday 20 September      Last day of Term 3 for all students

Term 4
Monday 7 October         Labour Day (public holiday)
Tuesday 8 October        K-6 students return (please note that there is no School Development Day at the beginning of Term 4)
Wednesday 18 December   Last day of school for 2013 for students
Friday 20 December       Last day for 2013 for teachers

Advertisements
The following are paid advertisement. The products, services and activities advertised are not endorsed by John Palmer Public School.

New to Stanhope Gardens!
If you are looking for a Family Daycare Educator that is offering an education programme suited to the age of your child/ren, in a caring, compassionate and safe environment.
Very experienced working with children
Ages 6 weeks old to 12 years old
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Mobile: 0431 345 405

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- 22 + weeks pregnancy
- Renal
- Pelvic / male pelvic
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Available Monday to Friday 10:00am – 2:00pm.
GP referral necessary (KRMC or external).
Bulk-billed for Medicare card holders
For more information, please call Reception on 8822 3000

Available Monday to Friday 10:00am – 2:00pm.
GP referral necessary (KRMC or external).
Bulk-billed for Medicare card holders
For more information, please call Reception on 8822 3000

BULK-BILLING PRACTICE, WALK-INS WELCOME
Book your appointment online at:
www.kildaremedical.com.au
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