Bronze Super Stars
Thomas B was awarded a bronze certificate at a recent Excellence Assembly in recognition of the great manner in which he actively models one or more of our school aspirations - integrity, excellence and innovation. Congratulations Thomas!

Summer PSSA Report for Week 7&8
Week 7
The Oz Tag teams played Riverstone PS. The seniors won 20-16 and the player of the match was Emily. The juniors drew 16 all and the player of the match was Mackenzie.

The AFL teams played Kellyville Ridge PS. The seniors lost 33-1 and the player of the match was Jonah. The juniors won 37-21 and the player of the match was Jackson.

The Cricket teams played Kellyville Ridge PS. The seniors lost 109-49 and the player of the match was Rahul. The juniors lost 122-88 and the player of the match was Arnav.

The senior Softball and junior T-Ball teams played Parklea PS. The seniors won 16-9 and the player of the match was Simran. The juniors won 20-4 and the player of the match was Jessica.

Week 8
The Oz Tag teams played Kenthurst PS. The seniors won 40-16 and the player of the match was Mitchell. The juniors won 40-12 and the player of the match was Jake.

The AFL teams played Ironbark Ridge PS. The seniors won 26-14 and the player of the match was Joshua. The juniors won 60-0 and the player of the match was Gabrielle.

The Cricket teams played Rouse Hill PS. The seniors lost 37-26 and the player of the match was Harrison. The juniors lost 67-31 and the player of the match was Caden.

The senior Softball and junior T-Ball teams played Riverstone PS. The seniors won 12-4 and the player of the match was Ashleigh. The juniors won 12-2 and the player of the match was Joie.

For draws and results please visit the Ridges website:
www.ridgespssa.com.au

Sydney West Swimming Carnival
Last week, a group of students from John Palmer PS represented The Ridges Zone at the Sydney West Swimming Carnival and achieved some fantastic results. Well done team!

Girls 8-10 Yrs 50m Butterfly
13th Riley M

Girls 12-13 Yrs 50m Butterfly
1st Emily P

Boys 8-10 Yrs 50m Breaststroke
16th Lachlan N

Girls 12-13 Yrs 50m Breaststroke
1st Emily P

Girls 8-13 Yrs 100m Freestyle
1st Emily P

Girls 8-10 Yrs 50m Backstroke
11th Mackenzie T

Girls 12-13 Yrs 50m Backstroke
3rd Emily P

Girls 8 Yrs 50m Freestyle
4th Olivia P

Boys 8 Yrs 50m Freestyle
6th Harrison N
21st Jasper D

Girls 12 Yrs 50m Freestyle
1st Emily P

Girls 11-13 Yrs 4x100m Freestyle Relay Team
12th John Palmer PS (Emily P, Brooke V, Paige W, Lauren M)

Girls 11-13 Yrs 200m IM
1st Emily P
Harmony Day Celebrations
A special Harmony Day assembly was held at John Palmer Public School on Tuesday 24th March. Harmony Day is a day of cultural respect for everyone who calls Australia home. This year’s message was “Everyone Belongs”.

Students and staff celebrated by wearing their national costume or orange clothes. Parents, carers, staff and students joined together under the COLA to sing “I’d Like to Teach the World to Sing” and “I am Australian”. Aliya (KR), Imogen and Caitlyn (1X), Alisha (2S), Riya (3C), Suhani (4B), Alan (5/6 T), and Joshua (5/6 L) shared with us what Harmony Day meant to them. Following the assembly, parents enjoyed a picnic lunch with their children.

Thank you to all the parents and carers who showed their support by celebrating this day with us. It was a delightful day made even more special by the traditional dress and orange costumes that the students wore. We look forward to Harmony Day 2016!

CommBank School Banking Visits K-2 Assembly
Today our K-2 students had a special visitor to the 2A Excellence Assembly. “Pat the Dog”, together with our Regional School Banking Manager from CommBank, Peta McGavin, made a special visit in recognition of our students’ outstanding participation in School Banking.

At John Palmer Public School, we are proud to participate in the CommBank School Banking Program. This program teaches kids about money and smart saving—and the rewards they can bring. It’s also a great fundraising activity, as CommBank offers the school commission for your child’s first School Banking deposit as well as deposits made as part of the program.

Our students were very excited to have “Pat the Dog” visit and talk about our School Banking program and smart saving. “Pat the Dog” was very pleased that the children proudly told him that our School Bank is open on Wednesdays.

Last year, our involvement in the CommBank School Banking program, earned $2,679.42. Mrs Blackwell was delighted to be presented with the big cheque at the assembly. These funds will help the John Palmer P&C to purchase technology and other teaching resource for our school.

John Palmer PS now has more than 350 children participating in the School Banking program. Our school bank is open each Wednesday 8:30-9:00am outside the assembly hall.

We would like to thank the parents and students of John Palmer PS, for their outstanding support of the School Banking Program.

If you would like your child to participate, Youth Saver Accounts can be opened each week at School Banking. You can also open a Youth Saver Account online through NetBank for existing CommBank customers or at any CommBank branch.
Happy holidays
This is the last Update bulletin for Term 1. The staff at JPPS would like to thank you for your support during the term and to wish all of our families a safe and relaxing break.

We look forward to seeing everyone again on Tuesday 21st April.

Keep up to date with what’s happening at school
Our school has a FREE mobile phone app! Amongst other things, the app sends push notifications of upcoming events, instant access to newsletters, the ability to send a note to the teacher if your child is absent, place a lunch order and much more. Make sure you download it to your smart phone and have a look at some of the things available to you.

How to install our app:
On Apple:
• On your iPhone, open the app store
• Search for John Palmer Public School
• Press install
• Enter your iTunes password
• It will commence downloading immediately

On Android:
• On your smart phone open the Android/Google Play market
• Search for John Palmer Public School
• Press install
• Your app will start installing instantly

To open our app:
• Look for our school’s app icon on your phone screen
• Press the icon once – it will open automatically
• When prompted, select yes to receive notifications and use your location. This will make sure Google Maps and pop-up alerts work for you.

Having trouble?
• Shut down the app and/or your phone to refresh the phone’s memory
• Uninstall the app and reinstall it

Anaphylaxis
All Department of Education and Communities schools have a general use adrenaline autoinjector (an EpiPen) in their first aid kit.

This does not replace the need for parents to continue to provide the school with an adrenaline autoinjector and ASCIA Action Plan for Anaphylaxis signed and dated by their doctor when their child has been diagnosed with anaphylaxis.

Instead the general use adrenaline autoinjector is intended to be used if:
• An undiagnosed student has an anaphylactic reaction at school
• There is a misfire of the adrenaline autoinjector that has been prescribed for a student
• A student requires further adrenaline autoinjector to be administered after his or her own adrenaline autoinjector has been administered.

Please contact Mr Hogan (Deputy Principal) if you would like further information in relation to this matter.

Extremely Important Notice
We currently have a number of students enrolled at our school who suffer from anaphylaxis. Anaphylaxis is a life threatening allergic reaction to certain foods. In all cases, the trigger food is peanuts/nuts.

We are therefore requesting that students assist us in keeping all students safe by not bringing foods to school which contain peanuts/nuts as one of the listed ingredients eg. peanut butter, nutella.

One of our students is highly anaphylactic so we ask that students who have eaten nut products, including nutella and peanut butter for breakfast, wash their face and hands thoroughly before coming to school.

Many products contain a warning that they may contain traces of peanut or nuts and these are fine to bring to school.

Birthday cakes
Some families like to send cake or a special treat on or near their child’s birthday to share with the class. It is important that if you would like to do this, that the cake or treat is already in individual portions (eg donuts or cupcakes) or a large cake that is already pre-sliced. Please also send a class set of serviettes or a roll of paper towels to assist with serving.

Due to the large number of students we now have in our school with food allergies, cakes and treats will not be shared unless a list of ingredients has been provided. Many of the prepackaged cakes from major supermarkets contain a list of ingredients and the bakery section is happy to provide you with a list if it is not already on the product.

In order to avoid disappointing your child, please ensure that the ingredient list is provided.

Phoning the office
Our school office is extraordinarily busy between 8.30 and 9.30am and 2.30 and 3.30pm. If you need to phone the office it would be greatly appreciated if you could do so outside of these peak times unless it is an emergency.

We encourage the use of our app for notifying of a child’s absence or making an appointment with a teacher.

Dogs at school
Dogs and other animals are not permitted on the school grounds at any time without prior written approval from the Principal.

Parents who walk their dog to school need to be mindful that many children, particularly the younger ones, are terrified of dogs. Please keep well away from the gates and busy areas if you have your dog with you.
Copies
School personnel invest a significant amount of time in printing and providing receipts for payments, student reports, NAPLAN reports and the like in hard copy format.

It is important that families value these documents and keep them in a secure place for future reference such as tax time and moving on to high school. Additional copies of these items will incur a $2 printing and administration fee per page so please keep the originals safe.

Update bulletin
Our ‘Update’ bulletin will be available on our website at www.johnpalmer-p.schools.nsw.edu.au on the following Fridays in 2015. Remember that you can also access the newsletter easily through our app.

24 April
8 May
22 May
5 June
19 June
17 July
31 July
14 August
28 August
11 September
9 October
23 October
6 November
20 November
4 December

Very occasionally, issues with technology cause a delay in the upload of the bulletin to the website.

Excellence assemblies
Our Excellence Assemblies are held on Fridays in the hall, commencing at 11.30am. Parents and carers of the class presenting the assembly are welcome to join us.

Excellence Assemblies give us an opportunity to publicly recognise students within our school who are achieving great things in learning, sport, the arts and citizenship.

Younger siblings are welcome at the assembly but must be under direct parent supervision (in pram, on a lap, or the seat next to you) at all times. Please do not allow your child to play outdoors while the assembly is on. As a courtesy to the class presenting the assembly, we ask that the audience is quiet. These simple requests should ensure that our Excellence Assemblies are excellent!

Assemblies will be hosted by the following classes in 2015:
K-2:
1 May 1T
15 May KR
29 May 2E
12 June KJ
26 June KP
24 July 1R
7 August KA
21 August 2D
4 September KC
18 September 1V
16 October KG
29 October 1X
13 November KB
27 November 2P

Year 3-6:
8 May 4B
22 May 3M
5 June 5/6T
19 June 4P
14 August 3G
28 August 4M
11 September 4D
23 October 5/6C
6 November 3H
20 November 5/6J
4 December 5/6L

Special Assemblies:
24 April ANZAC Assembly
31 July Education Week Assembly
11 December Annual Excellence Assembly

Canteen news
Special meal deals are available each fortnight from the canteen. You can easily find what the next meal deal will be by clicking on the drop down menu from the homepage on our website. Go to Home ➔ More News ➔ Canteen (on left hand side of page) ➔

Meal Deal
Meal Deal 1 $4.50
Salad Wrap
Small Bottle Water
Zooper Dooper

Meal Deal 2 $4.50
Hot Dog with Sauce
Juice Popper
Push Pop Ice Block

• Canteen opens at 8.30am.
• All orders are to be made online at www.flexischools.com.au or handed to the canteen staff or put in the order baskets on the counter. The online order cut off time has been extended to 9.00am.
• All orders made at the canteen should be written on a brown lunch bag. If orders come in envelopes, please ensure they are well sealed at the sides.
• Orders need to have your child’s name, class and whether it is a recess or lunch order.
• Recess orders are collected from the canteen
• Lunch orders are sent to the individual classes in lunch baskets
• Any ice blocks ordered with lunch are given to students when they return their lunch order bag to the canteen
• If you are ordering Halal products, please write ‘Halal’ on the bag.

If you have any questions regarding the canteen, please feel free to come and speak to Bronwyn.

Important school information
Please add the following information to your diary or address book and remember to program the school’s number into your mobile
phone. If you have downloaded our app, there is a direct call link on the home page.

John Palmer Public School
85 The Ponds Boulevard
The Ponds NSW 2769
Phone: 8882 9480
Fax: 8882 9479
Email: johnpalmer-p.school@det.nsw.edu.au

Term dates for 2015

Term 1
Thursday 2 April Last day of Term 1 for all students

Term 2
Monday 20 April School Development Day (pupil free)
Tuesday 21 April K-6 students return
Monday 8 June Queen’s Birthday Public Holiday
Friday 26 June Last day of Term 2 for all students

Term 3
Monday 13 July School Development Day (pupil free)
Tuesday 14 July K-6 students return
Friday 18 September Last day of Term 3 for all students

Term 4
Monday 5 October Labour Day (public holiday)
Tuesday 6 October K-6 students return (please note that there is no School Development Day at the beginning of Term 4)
Wednesday 16 December Last day of school for 2015 for students
Friday 18 December Last day for 2015 for teachers

Term 1 calendar - events are correct as at 13/03/15 and are subject to change or additions without notice

Week 10 Event/Activity
31 March Glenwood HS Year 7 2016 extension class examination
1 April 6.30pm OOSH review
7.00pm P&C meeting
3.10-7.00pm K-6 Three Way Conferences.
2 April Last day of Term 1
3 April Good Friday

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Most of our sponsors are local businesses and organisations committed to both our school and working with our community. It would be fantastic if you could acknowledge the support they have provided to our school by considering their services if you have the need.
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Are you feeling depressed? Worrying too much? Feeling anxious, overwhelmed or out of control? Having interrupted sleep or difficulty making decisions? Are you comfort eating or struggling to reach your goals?

If you answered yes to any of these questions then Creating Change Psychology and Counselling’s enthusiastic and highly skilled team of clinical psychologists and couple counsellors are here to assist. Located in the Norwest Business Park we are ready to help you achieve your goals of a healthy and meaningful future. Creating Change can assist you to navigate a new pathway. Contact us on 02 8860 9551 or take a look at www.creatingchange.net.au.

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Or to find out more about Guides visit our website: www.girlguides-nswact.org.au

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